

A Woman...Fully Grown

by Westina Matthews

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What does it feel like to be a woman...fully grown? Because each of us is a woman...fully grown.

False starts in our 20's, shaky ground in our 30's, terra firma in our 40's, quiet strength in our 50's, serenity in our 60's, wisdom in our 70's, prophets in our 80's, goddesses in our 90's. And, if we are blessed to live as long as those two ol' Delaney sisters, Sadie and Bessie (God rest their souls), we will even "have our say!"

Yes, isn't it wonderful to be a woman...fully grown.

We have shared and survived serious illnesses, loss of loved ones, marriages, births, grandchildren, divorces, career changes, hot flashes, broken promises, dreams unfulfilled, spiritual reawakenings, and hopes renewed. Gentle hands have brushed away our tears, tender hearts have forgiven our "I told you so's," and open arms have embraced our joys.

We are smart. We are strong. We are bold. We are brave. We are triumphant.

We are women...fully grown.

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